

Renee M. Allen

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**MAJOR CONFERENCES,
CONTINUING EDUCATION CLASSES,
AND WORKSHOPS**

<i>Stevens Point Wellness Conference</i> 1985, 1986, 1988, 1991, and 1994	Steven's Point, Wisconsin
<i>ISA Graduate (Institute for Self-Actualization)</i> Chicago, Illinois 1985, 1986	Kalamazoo, Michigan
<i>Power Communications for Women</i> 1986	Kalamazoo, Michigan
<i>Certified in Advanced ECG - Clinical Nurses Association</i> 1987	Chicago, Illinois
<i>Tai Chi Classes - Instructor: Jane Hale</i> 1989	Traverse City, Michigan
<i>Site Visit to LaCosta Spa</i> 1990	Carlsbad, California
<i>Advanced Cardiac Life Support</i> 1991	Petoskey, Michigan
<i>Institute for Aerobics Research - Certification Program for Health Promotion Director</i> 1991	Dallas Texas
<i>Neuro Muscular Corrections - Instructor: Brian Lewellen D.C.</i> 1992	Health Enrichment Center
<i>Advanced Massage Techniques - Instructor: Sandy Fritz</i> 1992, 1993	Health Enrichment Center
<i>Myofascial Techniques - Instructor: Sandy Fritz</i> 1992	Health Enrichment Center
<i>Therapeutic Touch - Instructor: Donna Logan R.N.</i> 1993	Harbor Springs, Michigan
<i>Touch for Health - Instructor: Celeste Hamilton</i> 1993	Petoskey, Michigan
<i>Worksite Health Promotion - Shifting the Organizational Health Paradigm</i> 1993	New Orleans, Louisiana
<i>Soft Tissue Manipulation Techniques - Instructor: Leon Chaitow, D.O.</i> 1993, 1994	Health Enrichment Center

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<i>Wellness in the Workplace - Links to Managed Care</i> 1994	Ann Arbor, Michigan
<i>American Medical Association Conference - Presenter</i> 1994	Phoenix, Arizona
<i>Craniosacral Therapy - Instructor: John Upledger, D.O.</i> 1994	South Carolina
<i>Certified in Erickson Hypnotherapy</i> 1994	South Carolina
<i>American Management Association - Principles of Effective Management</i> 1994	Charlotte, North Carolina
<i>WCHP Heart Health Service Certified Vendor</i> 1994	Houghton Lake, Michigan
<i>Art and Science of Health Promotion Conference</i> 1995	Orlando, Florida
<i>Feldenkrais Movement Therapy - Classes and Workshop</i> 1994, 1996	Petoskey, Michigan
<i>Gestalt Body Centered Therapies - Instructor: Ilana Rubenfeld</i>	South Carolina
<i>The Psychology of Health Immunity and Disease Conference</i> 1994, 1995, 1997	South Carolina
<i>Process Communication Model, Professional Consultation Services</i> 1995	Petoskey, Michigan
<i>Integrating Managed Care and Alternative Medicine Conference</i> 1995	San Francisco, California
<i>Humanistic Psychology Conference</i> 1996	Indianapolis, Indiana
<i>Russian Medical Massage - Instructor: Dr. Greivitch, M.D.</i> 1996	Health Enrichment Center
<i>Three in One Concepts - Learning Awareness Techniques - Instructor: Cathy Teal</i> 1996	Midland, Michigan
<i>Grant Writing Workshop</i> 1996	Traverse City, Michigan

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<i>Esoteric Healing, Level I, II, - Instructor: Barbara Briner, D.O.</i> 1996, 1998	Lansing, Michigan
<i>Creating Health - Instructor: Christine Northrup, M.D.</i> 1997	Petoskey, Michigan
<i>Myofascial of the Lower Leg - Instructor: Earl Conner, Chicago School of Massage</i> 1997	Traverse City, Michigan
<i>OSHA Compliance Training Seminar</i> 1997	Petoskey, Michigan
<i>Manual Medicine Techniques - Instructor: Marie Gibson</i> 1998	Midland, Michigan
<i>The Immune System - Instructor: Dr. Steven Keller, Ph.D.</i> 1998	Lansing, Michigan
<i>Esoteric Healing with Dr. Briner. Just list 1996-2001 Level 1-level 4c LaStone Therapy, Mary Hannigan at The Wellness Institute</i> 1999	Okemos, Michigan
<i>2000 Anti-Aging Conference - July 2000</i>	Chicago, Illinois
<i>2001 Muscle Release Techniques, Michael Young</i>	Buffalo, New York
<i>2000-2003 Mary Gordon Health Lectures, sponsored by NMH</i>	Petoskey, Michigan
<i>2001-2002 Certificatin in Clinical Hypnotherapy, certification #402-101 Instructor: Bob Ranger</i>	
<i>2001 Mystery School - Jacqueline Small Instructor</i>	Indianapolis, Indiana
<i>2002 A Healthy Retreat for Chiropractors, Essentials of Nutritional Therapy Instructor: David Brownstein M.D.</i>	
<i>2003 Diabetes Update Northern Michigan Hospital</i>	Petoskey, Michigan
<i>2004 The Disney Keys to Excellence, Marketing program for business professionals</i>	Petoskey, Michigan
<i>2004 Conflict Management and Negotiation Skills, National Seminars Group</i>	Petoskey, Michigan
<i>2005 How to Handle Difficult People, National Seminars Group</i>	Petoskey, Michigan
<i>2006- 2007 Physiotherapy of Neck and Back with Ben Benjamin PhD.</i>	Ann Arbor, MI
<i>2009-2010 Manual Medical Technician with Keith Barber D.O.</i>	Monroe, Michigan